

FEBRUARY 2024

Activities for Early Learning Staff

SUN	MON	TUE	WED	THU	FRI	SAT
During February, celebrate Black History Month to focus attention on the contributions of African Americans to the United States. Check out the resources from PA's Promise for Children to celebrate with and teach children about Black History Month.				1 Share the February Learning is Everywhere newsletter for activities families can do at home.*	2 Read a book about Groundhogs on Groundhog Day!	3
4	5 Order free posters for February's National Children's Dental Health Month.	6 Read a book to celebrate Black History Month.	7 Recognize that families, community members, and partners hold unique knowledge around class and cultural backgrounds.*	8 Check out this list of diverse books to promote social-emotional skills.*	9 National Pizza Day. Celebrate with this healthy pizza recipe from the USDA.	10
11	12 Check out these 4 Fun Valentine's Day activities using Conversation Hearts from PA's Promise for Children.	13 Support staff in expanding their knowledge and skill around reflective listening.*	14 Valentine's Day	15 Encourage children to learn about family and community heritage.* Tips from Reading Rockets.	16 Check out these 7 easy and inspiring activities to celebrate Black History Month from PBS.	17
18	19 Get lesson plans and curriculum resources for educators to celebrate Black History Month from Center for Racial Justice in Education.	20 Learn about trauma and its impact on children and families.*	21 Help kids build skills to develop healthy relationships, respect differences, & build the social behaviors & confidence.*	22 Encourage families to have conversations with their children reinforcing the importance of a safe Learning Community.*	23 Support families to promote children's positive identity development, including pride in one's race, ethnicity, and culture.*	24 Learn about February's Snow Moon
25	26 Recognize family resilience, strengths, and resources.*	27 It's maple syrup time! Check out the From Sap to Syrup Lesson Plan from Natl. Agriculture in the Classroom.	28 Research local support systems to meet your families' diverse needs.*	29 Support the work-life balance of staff, paying attention to ensure that policies and practices are equitable.*	February is National Air Quality Month. Learn how you can keep the indoor air quality healthy in your early learning program from Child Care Aware of America.	

*Recommendations from the Pennsylvania Family Engagement Framework



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6 Safer Internet Day—
Take charge of your digital life.
PTA.org/Connected

11-17 Take Your Family to School Week—
Celebrate the power of family engagement.
PTA.org/TYFTSW

17 National PTA Founders' Day—
Honor our 127th anniversary by hosting a membership drive.
PTA.org/Membership

26 Public Schools Week—
Help show the strength—and potential—of our nation's public schools.
PublicSchoolProud.org

NEWTON COUNTY SCHOOL SYSTEM

Parent Guides and Resource Page

10 Habits of Successful Middle Schoolers

Anyone can be successful with the right habits. Developing the following habits will help you get good grades—and have a great middle school experience!

- 1 Have good attendance.**
You need to be in school (unless you have a legitimate reason (like an illness) to be absent. *Attendance is the number one school success factor!*
- 2 Be organized.**
Use a planner to record assignments, tests, and activities. Make to-do lists and cross things off as you complete them.
- 3 Set goals.**
Having goals gives you direction, focus, and purpose. Set some academic and personal short-term and long-term goals.
- 4 Participate in class.**
Pay attention, ask and answer questions, and participate in discussions. Keep a positive attitude, and ask for help when you need it.
- 5 Do all of your homework.**
When you do your homework, you get more out of your classes, perform better on tests, and get higher grades.

Family Guides

Cousins Middle School

Parents and Families,
Don't forget to check out our 2023-2024 Parent Resource Page to access fun and educational activities to do with your child.

FEBRUARY Activity Calendars and Parents Make a Difference are ready!

<https://cousinsms.newtoncountyschools.org/home>

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